

Ingredients

****ALL PRODUCTS ARE MANUFACTURED IN A FACILITY THAT USES NUTS.**

Danish and Portuguese Croissants:

Patent Flour (bleached wheat flour, enzyme, niacin, reduced iron, potassium bromates, thiamine mono nitrate, riboflavin, folic acid), water, margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor, citric acid, beta carotene, and vitamin a palmitate added), whole eggs (whole eggs, citric acid). high gluten flour (enriched wheat flour, potassium bromated, niacin reduced iron, thiamine mono nitrate, riboflavin), sugar, cinnamon, im-prove 200 & esl (enriched wheat flour (wheat flour, niacin, reduced iron, thiamin, mononitrate, riboflavin, folic acid), diacetyl tartaric acid esters of mono-diglycerides (DATEM), guar gum, corn syrup solids, sponge (sweet whey, corn flour, mono calcium phosphate, l-cysteine, hydrochloride, potassium bromates (tricalcium phosphate, magnesium carbonate), egg shade (water, FD&C certified colors, including yellow #5 and other colors, citric acid, sodium benzoate), Yeast, salt. Allergen: Wheat, Egg, Milk

Fillings:

Apple: Apples (apples, salt, preservatives (ascorbic acid, citric acid), high fructose corn syrup, water, sugar, food starch-modified, cinnamon, contains 2% or less of : acidic calcium sulfate, ascorbic acid, cinnamon, citric acid, glycerin, malic acid, natural flavor, preservatives (benzoic acid, potassium sorbate, sodium benzoate, sodium erythorbate, sodium metabisulfite), salt, spice.

Guava: high fructose corn syrup, guava puree, water, food starch-modified, preservatives (sodium benzoate, sodium propionate, potassium sorbate), citric acid, caramel color, color red #40, blue 1.

Cherry: Cherries, water, sugar, corn syrup, contains 2% of less of the following; modified corn starch, salt, sodium benzoate and potassium sorbate, agar, artificial color red 40 and red 3.

Blueberry: high fructose corn syrup, apples, water, blueberries, modified corn starch, sugar, sodium benzoate and potassium sorbate, natural and artificial flavor, lemon juice, salt, citric acid, artificial color red 3, blue 1, and red 40.

Cheese: - cream cheese (pasteurized cultured milk and cream) cheese cultures, salt, carob beans gum, sugar, preservatives (sodium benzoate, sodium propionate, potassium sorbate), citric acid, artificial flavors, yellow #5, yellow #6 Allergen; Egg, Milk

Cinnamon Roll and Sticky Buns:

Patent Flour (bleached wheat flour, enzyme, niacin, reduced iron, potassium bromates, thiamine mono nitrate, riboflavin, folic acid), water, margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor, citric acid, beta carotene, and vitamin a palmitate added), whole eggs (whole eggs, citric acid). high gluten flour (enriched wheat flour, potassium bromated, niacin reduced iron, thiamine mono nitrate, riboflavin), sugar, cinnamon, im-prove 200 & esl (enriched wheat flour (wheat flour, niacin, reduced iron, thiamin, mononitrate, riboflavin, folic acid), diacetyl tartaric acid esters of mono-diglycerides (DATEM), guar gum, corn syrup solids, sponge (sweet whey, corn flour, mono calcium phosphate, l-cysteine, hydrochloride, potassium bromates (tricalcium phosphate, magnesium carbonate), egg shade (water, FD&C certified colors, including yellow #5 and other colors, citric acid, sodium benzoate), Yeast, salt. Allergens; Wheat, Egg, Milk

Cinnamon smear: sugar, margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor, citric acid, beta carotene (color), vitamin a palmitate), bleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), soybean oil, molasses, cinnamon, contains 2% or less of potassium sorbate, soy lecithin.

Glaze on cinnamon rolls: sugar, water, maltodextrin, corn syrup. sodium benzoate and potassium sorbate (preservatives) corn starch, soybean oil, honey, pectin, natural and artificial flavor, xanthan gum, agar, salt, citric acid, caramel color. Walnuts on top of sticky buns. Allergens: Walnuts, Soy, Milk

Bear Claws:

Patent flour (bleached wheat flour, enzyme, niacin, reduced iron, potassium bromates (thiamine mononitrate, riboflavin, folic acid), water, butter-blend margarine (palm oil, water, vegetable monoglycerides, natural butter flavor, citric acid, vitamin A palmitate added), whole eggs (whole eggs, citric acid). high gluten flour (enriched wheat flour, potassium bromates, niacin, reduced iron, thiamine mono nitrate, riboflavin), sugar, cinnamon, cream cheese (pasteurized cultured milk and cream) cheese cultures, salt, carob beans gum, sugar, artificial flavors, yellow #5, yellow #6 chocolate chips (sugar chocolate liquor, cocoa butter, soy lecithin, artificial flavoring), yeast, salt Allergens; Wheat, Milk, Egg

WHITE (plain) Bagels:

Plain, all seeded bagels - High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt, salt, im-prove 200 & esl (enriched wheat flour (wheat flour, niacin, reduced iron, thiamin, mononitrate, riboflavin, folic acid), diacetyl tartaric acid esters of mono-diglycerides (DATEM), guar gum, corn syrup solids and 2% or less of the following: soybean oil, enzymes (contains wheat), calcium sulfate, salt, ascorbic acid,(vitamin c), l-cysteine hydrochloride, yeast. Toppings: sesame, onions, poppy, caraway seeds, garlic, salt. Allergens; wheat

Whole wheat bagels: ingredient as listed above in white bagels plus; sugar, barley flakes, yellow corn meal, oat meal, salt, whole grain rye meal, malted barley flour (contains wheat), wheat bran, millet, molasses powder (molasses, wheat starch), rye flour, sesame seeds and 2% or less of each of the following: soybean oil, caramel color, mono- and diglycerides, ammonium chloride, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), ascorbic acid, l-cysteine hydrochloride, calcium sulfate, enzymes. Allergens; wheat

Pretzel bagel: same ingredients as white bagels. boiled in baking soda.

Asiago or Jalapeno Cheddar Bagel: same ingredients as listed above in a white bagel. Topped with Asiago Cheese or Jalapenos and Cheddar cheese. Allergens; Milk

Sweet bagels (cinnamon raisin, blueberry, egg): High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt, salt, im-prove 200 & esl (enriched wheat flour (wheat flour, niacin, reduced iron, thiamin, mononitrate, riboflavin, folic acid), diacetyl tartaric acid esters of mono-diglycerides (DATEM), guar gum, corn syrup solids and 2% or less of the following: soybean oil, enzymes (contains wheat), calcium sulfate, salt, ascorbic acid,(vitamin c), l-cysteine hydrochloride, yeast.

Blueberry bagels: add these ingredients to the sweet bagel (blueberry bits, wheat flour, corn cereal, soybean oil, blue #2 and red #40 artificial color), Allergen: Soy

Cinnamon-Raisin bagels: add cinnamon, raisins,

Egg bagels: butter emulsion (water, soybean oil, natural and artificial flavors, xanthan gum, citric acid., sodium benzoate, bha, mixed tocopherols and annatto), margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor, citric acid, beta carotene, and vitamin a palmitate added), egg shade (water, FD&C certified colors, including yellow #5 and other colors, citric acid, sodium benzoate). Allergens; wheat, Egg,

Muffins, Breakfast Bread and Coffee Cake (10" or sheet pan size):

Sugar, enriched bleached flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), soybean oil, modified corn starch, contains eggs (whole eggs, citric acid), cara-eg (yellow corn flour, dextrose, salt soybean oil, egg yolk, soy lecithin, contains 2% or less of: mono and diglycerides, leavening (baking soda) sodium aluminum phosphate), modified whey, salt, sodium stearoyl lactylate, Sorbian monostearate, calcium acetate, nonfat milk, xanthan gum, guar gum, natural and artificial flavor, vital wheat gluten, polysorbate 60, egg, soy flour. (contains wheat, milk, egg and soy ingredients)

Blueberry: wild blueberries

Banana: corn syrup, banana puree (bananas, citric acid, ascorbic acid), sugar, modified corn starch, contains 2% or less of the following: natural and artificial flavors, citric acid, preservatives (sodium benzoate, potassium sorbate), sodium alginate, Yellow 5.

Chocolate chip: - sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, artificial flavoring

Cranberry: frozen cranberries

Bran: Bran flakes

Orange: High fructose corn syrup, orange peel, corn syrup, dextrose, natural flavors, water, pectin, preservatives (sodium propionate, sodium benzoate, potassium sorbate), citric acid, phosphoric acid, yellow 6, yellow 5, sodium citrate.

Double Chocolate: cocoa, chocolate liquor, caramel color

Corn: corn meal, butter emulsion (water, soybean oil, natural and artificial flavors, xanthan gum, citric acid., sodium benzoate, bha, mixed tocopherols and annatto).

Strawberry: High fructose corn syrup, strawberries, sugar, wheat starch, water, preservatives (sodium benzoate, sodium propionate, potassium sorbate), natural and artificial flavor, citric acid, FD&C red 40, FD&C blue 1.

Apple Cinnamon: Apples(apples, salt, preservatives (ascorbic acid, citric acid), high fructose corn syrup, water, sugar, food starch-modified, cinnamon, contains 2% or less of : acidic calcium sulfate, ascorbic acid, cinnamon, citric acid, glycerin, malic acid, natural flavor, preservatives (benzoic acid, potassium sorbate, sodium benzoate, sodium erythorbate, sodium metabisulfite), salt, spice.

Guava: high fructose corn syrup, guava puree, water, food starch-modified, preservatives (sodium benzoate, sodium propionate, potassium sorbate), citric acid, caramel color, color red #40, blue 1.

Lemon/lemon-poppy- High fructose corn syrup, lemon peel, corn syrup, dextrose, natural and artificial flavors, water, citric acid, pectin, preservatives (sodium propionate, sodium benzoate, potassium sorbate), yellow 5, sodium citrate. May contain poppy seeds.

Raspberry filling: High fructose corn syrup, corn syrup, water, raspberries, modified starch (corn), orange pulp, contains 2% or less of each of the following: dextrose, citric acid red 40, preservatives (sodium benzoate, sodium propionate), caramel color, salt, artificial flavor.

Pumpkin: Apples(apples, salt, preservatives (ascorbic acid, citric acid), high fructose corn syrup, water, sugar, food starch-modified, cinnamon, contains 2% or less of : acidic calcium sulfate, ascorbic acid, cinnamon, citric acid, glycerin, malic acid, natural flavor, preservatives (benzoic acid, potassium sorbate, sodium benzoate, sodium erythorbate, sodium metabisulfite), salt, cardamom, ginger, pumpkin, nutmeg spice.

Crumb topping: All Purpose flour, sugar, margarine (palm oil), cinnamon.

Turnovers:

Enriched flour (wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamine mono nitrate, riboflavin, folic acid), palm and soybean oil, water, salt, monocalcium phosphate .Allergens: Soy

Fillings:

Apple: Apples(apples, salt, preservatives (ascorbic acid, citric acid), high fructose corn syrup, water, sugar, food starch-modified, cinnamon, contains 2% or less of : acidic calcium sulfate, ascorbic acid, cinnamon, citric acid, glycerin, malic acid, natural flavor, preservatives (benzoic acid, potassium sorbate, sodium benzoate, sodium erythorbate, sodium metabisulfite), salt, spice.

Cherry: cherries, water, sugar, corn syrup, contains 2% of less of the following; modified corn starch, salt, sodium benzoate and potassium sorbate, agar, artificial color red 40 and red 3.

Blueberry: high fructose corn syrup, apples, water, blueberries, modified corn starch, sugar, sodium benzoate and potassium sorbate, natural and artificial flavor, lemon juice, salt, citric acid, artificial color red 3, blue 1, and red 40.

Quesitos and Pillows:

Enriched flour (wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamine mono nitrate, riboflavin, folic acid), palm and soybean oil, water, salt, monocalcium phosphate.

Cheese filling; cream cheese (pasteurized cultured milk and cream) cheese cultures, salt, carob beans gum, preservatives (sodium benzoate, sodium propionate, potassium sorbate), citric acid, sugar artificial flavors, yellow #5, yellow #6. Allergen: Soy, Milk, Egg

Guava filling; high fructose corn syrup, guava puree, water, food starch-modified, preservatives (sodium benzoate, sodium propionate, potassium sorbate), citric acid, caramel color, color red #40, blue 1.

Croissants:

Enriched wheat flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, palm oil, butter (pasteurized cream, salt) canola oil, sugar, yeast, salt, high fructose corn syrup, whey, dough conditioner (enriched wheat flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), datem, yeast, ascorbic acid, enzymes), egg whites, artificial flavor, monoglycerides, soy lecithin, citric acid, annatto as color. Allergens: Soy, Egg, Milk

Strawberry Cheese Croissants: strawberry/cheese filling; cream cheese (pasteurized cultured milk and cream, cheese culture, salt carob bean gum), sugar butter (pasteurized cream, salt), strawberries (strawberries, sugar). Nonfat milk, polysorbate 80, preservatives (benzoic acid, calcium propionate, potassium sorbate, sodium propionate), red 40, salt, sodium citrate, titanium dioxide (color), yeast, yellow 5, yellow 6. Allergens; Milk, Egg, Soy

3 lb. Deli Bread (Allergen: Soy)

White; Clear flour (wheat flour, potassium bromate, enzyme), water, vegetable oil (refined soybean oil) water, salt, yeast

Whole wheat; includes wheat bran flakes, caramel color

Rye; includes caraway seeds, rye emulsion

Swirl; includes pumpernickel flour and Carmel color

Cranberry/Walnut; includes fresh cranberry/raisins, walnuts, raisins, sunflower seeds, flax seeds.

Kaiser and Sub Rolls, Lobster rolls:

High gluten flour (enriched wheat flour, potassium bromate, niacin, reduced iron, thiamine, mono nitrate, riboflavin), water, whole eggs (whole eggs, citric acid), vegetable oil (refined soybean oil), water, granulated sugar, salt, yeast Allergens: Soy, Egg

Dinner rolls and sliders (silver dollar rolls):

High gluten flour (enriched wheat flour, potassium bromate, niacin, reduced iron, thiamine, mono nitrate, riboflavin), water, whole eggs (whole eggs, citric acid), vegetable oil (refined soybean oil), water, granulated sugar, margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor, citric acid, beta carotene, and vitamin a palmitate added), salt, yeast. Allergen; Soy, Milk, Egg

Egg dinner rolls: includes egg shade (water, FD&C certified colors, including yellow #5 and other colors, citric acid, sodium benzoate), sugar, cinnamon. Allergens: Soy, Eggs

Sundried Tomato: Includes fresh sundried tomatoes

Kalamata Olives: includes Kalamata Olives in olive oil.

Focaccia: Italian seasonings

Rosemary: includes rosemary and olive oil

Whole wheat Rolls - include wheat bran flakes, caramel color